

# **PS 16 AFTERSCHOOL ACTIVITIES**

**FALL 2018**

**SCHEDULE WITH DETAILS**

|   | MONDAY  |                            | TUESDAY   |                            | WEDNESDAY   |                            | THURSDAY   |                            | FRIDAY  |                            |
|---|---|----------------------------|---|----------------------------|---|----------------------------|--|----------------------------|---|----------------------------|
|   | 3.00-3.45 PM  | 4.00-4.45 PM               | 3.00-3.45 PM  | 4.00-4.45 PM               | 3.00-3.45 PM  | 4.00-4.45 PM               | 3.00-3.45 PM                                       | 4.00-4.45 PM               | 3.00-3.45 PM  | 4.00-4.45 PM               |
| <b>PROGRAM</b>  | KICKBOXING  | KICKBOXING                 | SOCCER  | SOCCER                     | BASKETBALL  | BASKETBALL                 | CREATIVE MOVEMENT                                  | ZUMBA                      | BASKETBALL  | BASKETBALL                 |
| <b>INSTRUCTOR</b>   | JC KICKBOXING                                       | JC KICKBOXING              | COACH SLY   | COACH SLY                  | MR. REID  | MR. REID                   | NIMBUS   | NIMBUS                     | MR. REID  | MR. REID                   |
| <b>FEES</b>   | \$300   | \$300                      | \$220   | \$220                      | \$225   | \$225                      | \$220  | \$220                      | \$225   | \$225                      |
| <b>GRADES</b>   | GR K-1  | GR 2-5                     | GR K  | GR 1-5                     | GR K-5  | GR K-5                     | GR K   | GR 1-5                     | GR K-5  | GR K-5                     |
| <b># OF SPOTS</b>   | 10  | 10                         | 12  | 12                         | 30  | 30                         | 10   | 10                         | 30  | 30                         |
| <b>DESCRIPTION</b>  | <a href="#">CLICK HERE</a>                          | <a href="#">CLICK HERE</a> | <a href="#">CLICK HERE</a>                          | <a href="#">CLICK HERE</a> | <a href="#">CLICK HERE</a>                          | <a href="#">CLICK HERE</a> | <a href="#">CLICK HERE</a>                         | <a href="#">CLICK HERE</a> | <a href="#">CLICK HERE</a>                          | <a href="#">CLICK HERE</a> |
| <b>PROGRAM</b>  | CHESS   | CHESS                      | DRAWING   |                            |   | REPERTORY                  | BOLLYWOOD DANCE                                    | BOLLYWOOD DANCE            | DRAWING   |                            |
| <b>INSTRUCTOR</b>   | 101 CHESS DISCOVERIES                               | 101 CHESS DISCOVERIES      | MS. GORDON  |                            |   | NIMBUS                     | SHEHNAAZ DANCE ACADEMY                             |                            | MS. GORDON  |                            |
| <b>FEES</b>   | \$220   | \$220                      | \$300   |                            |   | \$300                      | \$262  | \$262                      | \$300   |                            |
| <b>GRADES</b>   | (BEG) K-1   | (RET) 1-5                  | GR K-5  |                            |   | GR 1-5                     | GR K-1   | GR 2-5                     | GR K-5  |                            |
| <b># OF SPOTS</b>   | 12  | 12                         | 15  |                            |   | 8                          | 12   | 12                         | 15  |                            |
| <b>DESCRIPTION</b>  | <a href="#">CLICK HERE</a>                          | <a href="#">CLICK HERE</a> | <a href="#">CLICK HERE</a>                          |                            |   | <a href="#">CLICK HERE</a> | <a href="#">CLICK HERE</a>                         | <a href="#">CLICK HERE</a> | <a href="#">CLICK HERE</a>                          |                            |
| <b>PROGRAM</b>  | INTRO TO CIRCUITS                                   | LEGO ROBOTICS              |   |                            |   |                            |  |                            | MOCK TRAIL  |                            |
| <b>INSTRUCTOR</b>   | ZANIAC  | ZANIAC                     |   |                            |   |                            |  |                            | MS. WARRINGTON                                      |                            |
| <b>FEES</b>   | \$270   | \$270                      |   |                            |   |                            |  |                            | \$220   |                            |
| <b>GRADES</b>   | GR K-2  | GR 3-5                     |   |                            |   |                            |  |                            | GR 3-5  |                            |
| <b># OF SPOTS</b>   | 12  | 12                         |   |                            |   |                            |  |                            | 15  |                            |
| <b>DESCRIPTION</b>  | <a href="#">CLICK HERE</a>                          | <a href="#">CLICK HERE</a> |   |                            |   |                            |  |                            | <a href="#">CLICK HERE</a>                          |                            |
| <b>PROGRAM</b>  | CROCHET   |                            | MATH OLYMPIAD                                       |                            | MATH CLUB   |                            | MATH ENRICHMENT                                    |                            | GUITAR  |                            |
| <b>INSTRUCTOR</b>   | MS. BIGGER  |                            | MS. BIGGER  |                            | MS. BIGGER  |                            | MS. BIGGER   |                            | MR. STROH   |                            |
| <b>FEES</b>   | \$220   |                            | \$220   |                            | \$260   |                            | \$245  |                            | \$220   |                            |
| <b>GRADES</b>   | GR 2-5  |                            | GR 4-5  |                            | GR 1  |                            | GR 2-3   |                            | GR 4-5  |                            |
| <b># OF SPOTS</b>   | 10  |                            | 10  |                            | 7   |                            | 8  |                            | 15  |                            |
| <b>DESCRIPTION</b>  | <a href="#">CLICK HERE</a>                          |                            | <a href="#">CLICK HERE</a>                          |                            | <a href="#">CLICK HERE</a>                          |                            | <a href="#">CLICK HERE</a>                         |                            | <a href="#">CLICK HERE</a>                          |                            |
| <b>CLASS DATES</b>  | 9/24, 10/1, 10/15, 10/22, 10/29, 11/5, 11/19, 11/26 |                            | 9/25, 10/2, 10/9, 10/16, 10/23, 10/30, 11/13, 11/20 |                            | 9/26, 10/3, 10/10, 10/17, 10/24, 11/14, 11/28, 12/5 |                            | 9/27, 10/4, 10/11, 10/18, 10/25, 11/1, 11/15, 12/6 |                            | 9/28, 10/5, 10/12, 10/19, 10/26, 11/2, 11/16, 11/30 |                            |
| <b>NOTE: ALL CLASSES RUN FOR 8 SESSIONS, EXCEPT BOLLYWOOD DANCE WHICH INCLUDES A 9TH SESSION FOR REHEARSAL ON 12/13</b> |   |                            |   |                            |   |                            |  |                            |   |                            |

## 1 Kickboxing - Beginner

Kids Muay Thai is a beginner martial arts class that focuses on Muay Thai Kickboxing basics and exercise drills. Your child will have fun and stay healthy as they do exciting kickboxing and boxing drills designed specifically for children. This class is for children ages 5-12. [Top ^](#)

[www.njkickbox.com](http://www.njkickbox.com)

## 2 Kickboxing - Advanced

Our kids and young teens Muay Thai Kickboxing is a program specifically designed to teach self-defense, instill confidence and keep your teen healthy. In learning Muay Thai Kickboxing kids and young teens will feel safe, good about themselves and others. They become proactive about protecting their personal boundaries on and off the mat. [Top ^](#)

[www.njkickbox.com](http://www.njkickbox.com)

## 3 Chess

Please see <http://www.101discoveries.com/>. [Top ^](#)

## 4 Intro to Circuits

Intro to Circuits uses littleBits™, the easiest way to prototype electronics, to teach basic inputs, outputs, analogs, electricity, and more. Students build projects ranging from synthesizers to flashlights, exploring the world through the lens of easy-to-build magnetic circuits. [Top ^](#)

<https://www.zaniaclearning.com/jerseycity/>

## 5 LEGO® Robotics: Simple Machines

Simple Machines is perfect for younger learners who are just getting started with LEGO. Students get an introduction to levers, inclined planes, pulleys, screws, and complete challenges through building motorized mechanisms in teams. [Top ^](#)

<https://www.zaniaclearning.com/jerseycity/>

## 6 Crochet

Participants will learn the basic of crocheting while building self-esteem and reducing stress and anxiety. [Top ^](#)

## 7 Soccer

Fun Soccer is non-competitive soccer program for kids age 2 years old and up. Our goal is to teach soccer skills in a fun, non-competitive, educational environment. Coach Sly philosophy is to use soccer to build self-confidence, and to develop teamwork in every class. Coach Sly specially designed curricula use positive reinforcement. The games are easy to follow with a lot of FUN. [Top ^](#)

<http://www.funkidssoccer.com/>

## 8 Drawing

Drawing and Painting Fundamentals is a course that teaches basic drawing and painting skills to students interested in realistic compositions. If a student is familiar with basic skills, other techniques according to their individual needs will be demonstrated and incorporated to create realistic artwork. [Top ^](#)

## 9 Math Olympiad

Prepare students for participating in a Math Olympiad:

My goal will be:

- developing enthusiasm for problem solving and mathematics,
- deepening the understanding of mathematical concepts and strengthen ability to use these concepts,
- considering concepts that they might not otherwise encounter,
- enriching experiences in intellectually stimulating and significant mental activities, and
- building a stronger foundation for assessments and for future mathematics studies. [Top ^](#)

## 10 Basketball

In this class the children will learn the basic fundamentals of basketball in a fun, relaxed setting, from dribbling to passing to all the core techniques of the sport. The children also learn teamwork and how to play with others. [Top ^](#)

## 11 Repertory - Jersey City Nutcracker: Angels

Nimbus is thrilled to once again be offering this unique opportunity to the students of PS #16! One cast of Angels for Jersey City Nutcracker will be comprised of students exclusively from PS #16. This group of students will perform with the professional dancers of Nimbus Dance Works for one performance of the beloved Jersey City Nutcracker. We look forward to sharing the stage with PS #16! Nutcracker classes entail learning repertory for the performance. Students are expected to show up to weekly rehearsals, full cast rehearsals, and dress rehearsals. Additional Rehearsals on December 2nd and 9th. Performance on December 15. \$20/student (Costume rental fee and Nutcracker T-Shirt is included in this fee). [Top ^](#)

<http://www.nimbusdanceworks.org/>

## 12 Math Club

Math enrichment activities for students eager to be challenged. Math Club will include logic puzzles, games and problem-solving activities. [Top ^](#)

## 13 Creative Movement

This class teaches students basic concepts of movement, music, and creative exploration, while introducing elements of Ballet, Modern, Hip Hop Dance. Students are provided a perfect orientation to dance as an art form within an environment that balances structure with creativity and play. Learn from a professional dancer from Nimbus Dance Works in this unique satellite class of the prestigious School of Nimbus Dance Works. [Top ^](#)

<http://www.nimbusdanceworks.org/>

## 14 Zumba

Nimbus Dance Works brings a fun, high energy class to the students of PS 16. Students will have a lot of fun to popular music while learning short movement combinations and coordinations from different social and popular dances. Stay active and get groovy with one of Nimbus' renowned teaching artists. [Top ^](#)

<http://www.nimbusdanceworks.org/>

### **15 Bollywood Dance - Beginner**

Geared for newer and younger students, this class focuses on teaching the basics of dance, form, coordination and teamwork. The fun curriculum focuses on learning and recognizing the beat, gaining familiarity with basic dance moves and dancing with props. The sessions help students with their concentration, interest, coordination and movement. Emphasis is also placed on working together as a team and respecting your fellow classmates. [Top ^](#)

[www.shehnaazdanceacademy.com](http://www.shehnaazdanceacademy.com)

### **16 Bollywood Dance - Advanced**

Geared towards returning and older students, this class involves more complex steps. This session focuses on at least Indian fusion and folk dance while exploring different Indian cultural dance forms. We also expose our students to jazz and salsa styles of dances set to the Bollywood Beats. Emphasis is placed on teamwork, coordination, and active learning. This class helps the students get a taste of stage shows and build their confidence. [Top ^](#)

[www.shehnaazdanceacademy.com](http://www.shehnaazdanceacademy.com)

### **17 Math Enrichment**

Math enrichment activities for students eager to be challenged. Math Club will include logic puzzles, games and problem-solving activities. [Top ^](#)

### **18 Mock Trial**

Students will learn the art of debate and the foundations of creating a case for a mock trial. They will then enter their case for competition at Rutgers University in New Brunswick. If the case is selected they will compete against others in their grade level. They will also become jurors in someone else's mock trial even if their own case is not selected. They will also visit a court proceeding at the Jersey City courthouse. [Top ^](#)

### **19 Guitar**

The Little Kids Rock guitar program is open students in the fourth or fifth grade. The program will focus on fundamental folk, rock, and blues guitar skills, improvisation, and ensemble skills. No experience is needed. Guitars are provided. 15 student maximum enrollment. Home practice time is expected and students who progress satisfactorily may be selected for school performances. [Top ^](#)